



# SEEDS & CEREALS BLENDS

Blends giving specific flavours, textures and colours to your products.

## 5 SEEDS BLEND



## CEREFLOK'S



## PRODUCTS ADVANTAGES

- 13% of innovations within the european bakery market are seed-based.\*
- 100% Clean label

## DOSAGE

Our recommendation:

2 different uses : as topping and/or incorporated into the dough (from 5 to 15%).

\*MAT May 2017 Foodnavigat



TOGETHER FOR  
**TASTE**

# SEEDS & CEREALS BLENDS

## Example of product applications



### Ingredients: 5 seeds blend

Sesame seeds, millet seeds, yellow flax seeds, brown flaxseeds, poppy seeds.

*May contain gluten, nuts, soya, milk and egg.*

### Nutrition declaration per 100g of mix

Energy (kJ)	2 059
Energy (kcal)	497
Fat (g)	34,0
of which saturates (g)	4,4
Carbohydrate (g)	20,0
of which sugars (g)	1,1
Fibre (g)	18,3
Protein (g)	17,7
Salt (g)	0,15

### Ingredients: Céréflok's

69% seeds (sunflower seeds, brown flax seeds, sesame seeds), oat flakes.

*May contain egg, soya, milk and nuts.*

### Nutrition declaration per 100g of mix

Energy (kJ)	2 149
Energy (kcal)	518
Fat (g)	36,3
of which saturates (g)	4,7
Carbohydrate (g)	23,5
of which sugars (g)	1,8
Fibre (g)	11,7
Protein (g)	18,4
Salt (g)	0,03

[www.grandsmoulinsdeparis.com](http://www.grandsmoulinsdeparis.com)

99 rue Mirabeau - 94 200 Ivry-sur-Seine - France - TÉL. +33 1 49 59 77 60



TOGETHER FOR  
**TASTE**